

Ontario's Listing Guidelines for Adult Kidney Transplantation

Version 7.0

Adult Kidney Transplantation Listing Guidelines

PATIENT LISTING INDICATIONS:

In general, listing for kidney transplantation may be considered for all patients with end-stage renal disease provided no absolute contraindications exist. Each patient is assessed individually for their suitability for kidney transplantation by the kidney transplant program. Eligibility should be determined on medical and surgical grounds and should not be based on social status, gender, race or personal or public appeal.

A patient who does not meet the guidelines for transplantation should routinely be offered, or may request, a second opinion from an alternative program able to assess the relative risks and benefits of kidney transplantation.

The guidelines identified below are the agreed upon conditions for which a patient may be eligible to be waitlisted for kidney transplantation in Ontario.

- 1) **Renal Function:** Patients may only be considered for pre-emptive kidney transplantation if the measured or calculated glomerular filtration rate is less than 15 mL/minute on two occasions *and* there is evidence of progressive and irreversible deterioration in renal function over the previous 6–12 months.

In the case where a recipient has a living donor, referral should occur earlier to allow sufficient time for evaluation.

ABSOLUTE LISTING CONTRAINDICATIONS:

The following are conditions relating to the transplant candidate that constitute absolute contraindications to kidney transplantation. As such, they prevent a transplant from being done until the condition is resolved.

- 1) **Co-Morbidities:** Patients with any co-morbidity that decreases the likelihood of surviving 5 years post-transplant to below 50% or whom which the peri-operative risk is deemed to be unacceptably high by the evaluation team, are not candidates for kidney transplantation.
- 2) **Consent:** Patients who do not want a transplant should not be listed for kidney transplantation.
- 3) **Post-Transplant Care:** Patients with an inadequate or unsafe post-transplant care plan are not candidates for kidney transplantation.
- 4) **Psychosocial Considerations:** Patients with an acute or untreated psychotic illness, or that display social support/compliance issues that prohibit adherence to therapy (e.g. attendance for dialysis and compliance with medications) are not candidates for kidney transplantation. Kidney transplantation should be delayed until patients have demonstrated adherence to therapy for at least 6 months.

5) Malignancy: In general, patients with an active malignancy are not candidates for kidney transplantation. Kidney transplant candidates with a previous history of malignancy should be tumour-free before proceeding with transplantation. Specific contraindications include:

1. **Breast Cancer:** Patients with advanced breast cancer (stage III or IV) should not undergo kidney transplantation.
2. **Liver Cancer:** Kidney transplantation is generally not recommended for patients with liver cancer unless it is part of a treatment strategy that includes liver transplantation.
3. **Active Multiple Myeloma:** Patients with active multiple myeloma should not undergo kidney transplantation, although patients with myeloma with the option for successful stem cell transplant may be considered.

Most kidney transplant candidates with a history of malignancy should wait a period of time between successful treatment and transplantation. Patients who do not meet the following waiting period criteria are not eligible for kidney transplantation.

1. **Bladder Cancer:** Patients with bladder cancer must wait at least 2 years from successful treatment to kidney transplantation, although superficial low-grade lesions may not require any waiting time.
2. **Breast Cancer:** Patients with breast cancer must wait at least 5 years from successful treatment to transplantation. Patients with early in situ (e.g., ductal carcinoma in situ) lesions may only require a 2-year wait.
3. **Cervical Cancer:** Patients with cervical cancer must wait at least 2 years from treatment to transplantation. Patients with in situ cervical lesions may proceed with transplantation before the 2 year wait period.
4. **Colorectal Cancer:** Patients with colorectal cancer must wait at least 5 years from successful treatment to transplantation. A shorter waiting time of 2–5 years may be sufficient in patients with localized disease.
5. **Hodgkin's Disease, Non-Hodgkin's Lymphoma, Post-Transplant Lymphoproliferative Disorder, or Leukemia:** Patients with these diseases must wait at least 2 years from successful treatment to transplantation.
6. **Lung Cancer:** Patients with lung cancer must wait at least 2 years from successful treatment to transplantation.
7. **Melanoma:** Patients with melanoma must wait at least 5 years from successful treatment to transplantation. Patients with in situ melanoma may be considered for transplantation after waiting at least 2 years.
8. **Basal Cell Carcinoma of the Skin:** Patients do not require any waiting time after successful removal before proceeding with transplantation.
9. **Squamous Cell Carcinoma of the Skin:** There is no firm recommendation on wait time.
10. **Renal Cell Carcinoma:** Patients with renal cell carcinoma must wait at least 2 years from successful treatment to transplantation. Patients with small, incidental tumours may not require any waiting period. Patients with large or invasive or symptomatic tumours may require a waiting period of 5 years.
11. **Wilms Tumour:** Patients with Wilms Tumour must wait at least 1 year from successful treatment to transplantation.
12. **Testicular Cancer:** Patients with testicular cancer must wait at least 2 years from successful treatment to transplantation.
13. **Thyroid Cancer:** Patients with thyroid cancer must wait at least 2 years from successful treatment to transplantation.

- 6) **Pulmonary Disease:** Patients who require home oxygen therapy, have uncontrolled asthma, or have severe cor pulmonale are not candidates for kidney transplantation. Patients with severe chronic obstructive pulmonary disease (COPD) – pulmonary fibrosis or restrictive disease with any of the following parameters are not candidates for kidney transplantations:
- Best forced expiratory volume in 1 s (FEV₁) < 25% predicted value;
 - PO₂ room air < 60 mmHg with exercise desaturation, SaO₂ < 90%;
 - > 4 lower respiratory infections in the last 12 months; or
 - Moderate disease with evidence of progression.
- 7) **Cardiac Disease:** Patients with critical inoperable valve disease should not be considered for transplant. Patients with severe irreversible (non-uremic) cardiac dysfunction should not be listed for kidney transplantation alone, but selected patients may be candidates for combined heart–kidney transplants.

All kidney transplantation candidates should be assessed for the presence of ischemic heart disease (IHD) before transplantation. The minimum required investigations include medical history, physical examination, electrocardiogram (ECG) and a chest radiograph. Kidney transplantation is contraindicated in patients with IHD in the following situations:

- Patients with progressive symptoms of angina;
 - Patients with a myocardial infarction within 6 months;
 - Patients without an appropriate cardiac workup; or,
 - Patients with severe diffuse disease, especially with positive non-invasive tests in whom intervention is not possible and in whom expected survival is sufficiently compromised so that transplantation is not reasonable.
- 8) **Peripheral Vascular Disease:** Patients with large uncorrectable abdominal aneurysms, severe occlusive common iliac disease, active gangrene or recent atheroembolic events are not candidates for kidney transplantation.
- 9) **Gastrointestinal Disease:** Patients with the following conditions are not candidates for kidney transplantation:
- Acute pancreatitis within 6 months;
 - Active inflammatory bowel disease; or,
 - Active peptic ulcer disease until disease is successfully treated.

RELATIVE LISTING CONTRAINDICATIONS:

The following are conditions relating to the transplant candidate that constitute relative contraindications to kidney transplantation. While each patient is evaluated on an individual basis, the presence of one or more of the following may preclude acceptance as a candidate for kidney transplantation.

- 1) **Age and functional capacity:** Advanced age per se is not a contraindication to kidney transplantation. Each patient is evaluated on an individual basis according to their general condition and risk factors. However, transplant candidates should have a reasonable probability of surviving beyond current

waiting times for transplantation, given the resources required to assess and maintain patients on the kidney transplant waiting list.

Cognitive or neurodevelopmental delay is not an absolute contraindication to kidney transplant.

- 2) **Weight:** Generally, patients weighing less than 10kg should not undergo transplantation.
- 3) **Cause of Kidney Disease:** Patients with evidence of kidney disease that may recur post-transplant and cause rapid/progressive loss of kidney function may not be considered for kidney transplantation.
- 4) **Psychosocial Considerations:** Cognitive impairment is not an absolute contraindication to kidney transplantation. However, particular care must be taken to ensure that informed consent can be obtained and that a support system is in place to ensure adherence to therapy and patient safety.

A history of psychiatric illness is not an absolute contraindication to kidney transplantation. Capacity should be evaluated when indicated.

Kidney transplantation should be delayed until the patient has demonstrated freedom from substance abuse for at least 6 months.

- 5) **Obesity:** Referrals will be accepted on patients with a Body Mass Index (BMI) of $<35 \text{ kg/m}^2$. Patients with a BMI $>36 \text{ kg/m}^2$ will be evaluated on an individual basis by the transplant team.
- 6) **Systemic Diseases:** Systemic diseases leading to End Stage Renal Disease (ESRD) are usually not a contraindication to kidney transplantation; however, the presence and severity of extra-renal disease will often determine whether transplantation is an option.
- 7) **Infections:** Patients with the following infections may not be eligible for kidney transplantation:
 - Patients with active infection, whether of viral, bacterial or fungal origin.
 - Patients with chronic open infected wounds.

Patients meeting the following criteria may be considered for transplant:

1. Serostatus for cytomegalovirus and Epstein–Barr virus should be assessed before transplant but should not determine eligibility for transplantation.
2. All patients being assessed for kidney transplantation should be screened for HIV infection. HIV-infected patients with end-stage renal disease may be considered for kidney transplantation if they meet the following criteria:
 - Demonstrated adherence to a highly active anti-retroviral therapy (HAART) regimen;
 - Undetectable ($< 50 \text{ copies/mL}$) HIV viral load for > 3 months;
 - Cluster of differentiation (CD4) lymphocyte count $> 200/\text{mL}$ for > 6 months;
 - No opportunistic infections;
 - Willingness to use prophylaxis against cytomegalovirus infection (CMV), Herpes simplex virus, Pneumocystis carinii pneumonia and fungal infection;
 - Freedom from neoplasia, except for treated basal or squamous cell carcinoma of the skin, in situ anogenital carcinoma (human papilloma virus-associated anal intraepithelial neoplasia), solid tumours treated with curative therapy and disease-free at 5 years;

- Kidney transplantation eligibility guidelines are met.

8) Pulmonary Disease: Patients with moderate chronic obstructive pulmonary disease (COPD)–pulmonary fibrosis or restrictive disease with any of the following parameters may not be considered for kidney transplantation:

- Best Tiffeneau-Pinelli index (FEV_1) 25–50% of predicted value;
- Partial pressure of oxygen (PO_2) room air < 60–70 mmHg;
- Restrictive disease with exercise desaturation, SaO_2 90%.

Patients should be strongly encouraged to stop smoking before kidney transplantation. Patients who continue to smoke may be eligible for kidney transplantation with full informed consent regarding their increased risk.

9) Cardiac Disease: All patients should be assessed for the presence of ischemic heart disease (IHD) before kidney transplantation. The minimum required investigations include medical history, physical examination, electrocardiogram (ECG) and a chest radiograph.

Patients with IHD should be eligible for kidney transplantation if they fall into one of the following categories:

- Low-risk asymptomatic patients;
- Asymptomatic patients with negative non-invasive testing;
- Patients who have undergone successful intervention; or
- Patients who on angiography have non-critical disease and are on appropriate medical therapy.

Left ventricular (LV) dysfunction is not necessarily a contraindication to kidney transplantation.

Uremic LV dysfunction may improve after transplantation, thus it is not necessarily a contraindication to wait listing.

10) Cerebral Vascular Disease: Kidney transplantation should be deferred in patients with a history of stroke or transient ischemic attack for at least 6 months following the event. The patient should be stable, fully evaluated and treated with risk-reduction strategies before kidney transplantation.

11) Peripheral Vascular Disease: The presence of pre-transplant peripheral vascular disease (PVD) is not an absolute contraindication to kidney transplantation. However, the risk of death is increased and the presence of PVD should be considered in the context of other comorbidities in determining eligibility for kidney transplantation.

12) Gastrointestinal Disease: The presence of asymptomatic cholelithiasis is not a contraindication to kidney transplantation. Patients with chronic pancreatitis in remission for less than 1 year may not be eligible for kidney transplantation.

13) Liver Disease: Patients who are hepatitis B surface antigen positive or hepatitis C antibody positive should be considered for transplantation. However, eligibility will depend on other considerations such as viral load and liver function and liver histology.

Transplant candidates with severe cirrhosis should not be considered for kidney transplantation alone, but may be considered for combined liver-kidney transplantation.

- 14) Genitourinary Disease:** A urologic cause of ESRD is not necessarily a contraindication to transplantation provided appropriate urinary tract drainage can be achieved. Transplantation is not contraindicated in patients with a dysfunctional bladder.
- 15) Hematologic Disorders:** The presence of thrombophilia, hypercoagulable state or cytopenias is not an absolute contraindication to kidney transplantation, but these conditions should be fully investigated.
- 16) Hyperparathyroidism:** Hyperparathyroidism is not an absolute contraindication to kidney transplantation, but should be fully investigated. Parathyroidectomy should be considered prior to kidney transplantation for those who have failed medical management or have severe, persistent complications of hyperparathyroidism.

Version Control

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Version 1.0	Created May 2011
Version 2.0	Updated April 2015
Version 3.0	Reviewed March 2018
Version 4.0	Inclusion of Multi-Organ Kidney Referral and Listing Criteria, June 2020
Version 5.0	Updated September 2021
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