

# KIDNEY TRANSPLANT REFERRAL FORM

**Referral Criteria for Kidney Transplantation:** Patients should be referred for evaluation by the transplant program once renal replacement therapy is expected to be required within the next 12 months. Patients already requiring dialysis support should be referred for transplant evaluation as soon as their medical condition stabilizes. The criteria identified below are the agreed upon conditions for which a patient should be referred for a kidney transplant assessment:

- 1) Chronic Kidney Disease: Referral for kidney transplantation should be considered for patients with progressive Chronic Kidney Disease.
- 2) End Stage Renal Disease (ESRD): Referral for kidney transplantation should also be considered for patients with End Stage Renal Disease (ESRD).

**To refer a candidate for kidney or kidney/pancreas transplantation complete this form and attach all applicable documents.**

For patients seeking a living donor kidney transplant, please refer the patient to the transplant centre of your choice. For adult deceased donor kidney transplant, please refer the patient to the appropriate centre by consulting the table below:

Transplant Centre	LHIN Referral Catchment Area
London Health Sciences Centre	<ul style="list-style-type: none"> <li>▪ Erie St. Clair</li> <li>▪ South West</li> <li>▪ North East (Sudbury &amp; Sault St. Marie)</li> <li>▪ Waterloo Wellington</li> <li>▪ North West</li> </ul>
St. Joseph's Healthcare Hamilton	<ul style="list-style-type: none"> <li>▪ Hamilton Niagara Haldimand Brant</li> <li>▪ Mississauga Halton</li> </ul>
University Health Network or St. Michael's Hospital	<ul style="list-style-type: none"> <li>▪ Central West</li> <li>▪ Toronto Central</li> <li>▪ Central</li> <li>▪ Central East</li> <li>▪ North Simcoe Muskoka</li> <li>▪ North East (North Bay)</li> </ul>
Kingston General Hospital	<ul style="list-style-type: none"> <li>▪ South East</li> </ul>
The Ottawa Hospital	<ul style="list-style-type: none"> <li>▪ Champlain</li> </ul>

Submit the completed form to the appropriate transplant centre listed below:

**University Health Network**  
Transplant Assessment Center c/o NCSB 12C-1217  
Toronto General Hospital  
585 University Ave.  
Toronto, Ontario M5G 2N2  
Fax (Kidney): 416-340-5209  
Fax (Pancreas): 416-340-4340  
Email: Kidneytransplantreferral@uhn.ca

**St. Michael's Hospital**  
Kidney Transplant Program  
61 Queen Street East, 8<sup>th</sup> Floor  
Toronto, Ontario M5C 2T2  
Fax: 416-867-7418  
Email: kidneytransplantreferrals@smh.ca

**St. Joseph's Healthcare Hamilton**  
Department of the Renal Transplant Program and Clinics  
Level 0 Marian Wing  
50 Charlton Ave E.  
Hamilton, Ontario L8N 4A6  
Fax: 905-521-6189

**The Hospital for Sick Children**  
Renal Transplant Program  
555 University Avenue, room 6428  
Toronto, Ontario M5G 1X8  
Fax: 416-813-5541

**Kingston General Hospital**  
Renal Transplant Office, Burr Room 21.3.025  
76 Stuart Street  
Kingston, Ontario K7L 2V7  
Fax: 613-548-1394

**London Health Sciences Centre**  
Renal Recipient Transplant Office, UH Campus  
339 Windermere Rd.  
London, Ontario N6A 5A5  
Fax: 519-663-3858  
Email: kidneytransplantreferral@lhsc.on.ca

**The Ottawa Hospital**  
Riverside Campus of The Ottawa Hospital,  
Renal Transplant Office, Rm 518  
1967 Riverside Dr.  
Ottawa, Ontario K1H 7W9  
Fax: 613-738-8489

# KIDNEY TRANSPLANT REFERRAL FORM

## REFERRAL INFORMATION

Referring MD \_\_\_\_\_ Date Received: \_\_\_\_\_  
Referring Centre Contact Name: \_\_\_\_\_ Contact #: \_\_\_\_\_  
Referring Centre: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Referral Form submitted to: \_\_\_\_\_ Date submitted: \_\_\_\_\_

**Medically Urgent Referral** if yes, please indicate reason:

- Lack of vascular access       Uremic complications in spite of maximal dialysis prescription  
 Uremic cardiomyopathy       Uremic Pericarditis       Severe Uremic Neuropathy  
 Other: \_\_\_\_\_

## PATIENT INFORMATION

Patient Name: \_\_\_\_\_ Health Card #: \_\_\_\_\_  
Date of Birth: mm / dd / yyyy      Race: \_\_\_\_\_      Sex:  Male  Female  
Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Language Spoken: \_\_\_\_\_  
GP Name: \_\_\_\_\_ GP Contact: \_\_\_\_\_

## CLINICAL INFORMATION

ABO: \_\_\_\_      RH Factor:  Positive  Negative      Height (m): \_\_\_\_      Weight (kg): \_\_\_\_      BMI: \_\_\_\_  
Diagnosis: \_\_\_\_\_      eGFR: \_\_\_\_ ml/min/1.73m<sup>2</sup> on \_\_\_\_\_ (date)  
Dialysis:  Yes  No      Dialysis Start Date: mm / dd / yyyy  
Type of Dialysis: \_\_\_\_\_      Dialysis Schedule: \_\_\_\_\_  
Current Dialysis Unit: \_\_\_\_\_      Dialysis Access Mode: \_\_\_\_\_  
Patient has received blood transfusion:  Yes  No  
If yes, number of times: \_\_\_\_\_      Date of most recent blood transfusion: \_\_\_\_\_  
Potential Living Donor(s):  Yes  No      Previous Transplant:  Yes  No  
Combined Kidney Pancreas Assessment Request:  Yes  No

## MEDICAL HISTORY/CONSULT ATTACHMENTS

### REQUIRED:

- Letter from referring nephrologist       Current list of all patient medications  
Cancer screening as per [Cancer Care Ontario](#) guidelines  
 Pap smear within 3 years for sexually active women  
 Mammogram within 2 years for women ages 50 to 74  
 Colon cancer screening with a fecal occult blood test or colonoscopy within 2 years for people ages 50 to 74

# KIDNEY TRANSPLANT REFERRAL FORM

Attach if clinically significant:

Social Work Assessment

Other relevant consults, please specify:

## RECENT LABS AND DIAGNOSTIC TESTING RESULTS

All tests and assessments must be completed within one year of referral date unless specified otherwise. Please attach the following results (if results are not available, please do not delay referral):

### I. General Laboratory Testing

#### REQUIRED:

ABO blood group determination

Electrolytes, Bicarbonate

Urea, Creatinine

Albumin, Total Protein

Bilirubin

CBC

INR, PTT

AST, ALT, ALKP

Calcium, Phosphate

Oral Glucose Tolerance Test

HgbA1C

Cholesterol/Triglyceride/HDL/LDL

PTH

Complete if clinically significant:

Routine urinalysis

Urine culture and sensitivity – *if still passing urine*

Sickle Cell Screen - *For Black patients or patients with genetic origins in the Eastern Mediterranean or Indian subcontinent*

### II. Cardiac Assessment

#### REQUIRED:

ECG (12-Lead)

Echocardiogram

Complete if clinically significant:

Coronary Angiogram

Cardiac perfusion testing (Exercise ECG/MIBI) - *For patients with heart failure, or angina, or diabetes, or BMI>34m or age >40 years with at least 3 of the following risks: increased cholesterol, smoker, hypertension, family history, BMI>30.*

### III. Infectious Disease and Virology Testing

#### REQUIRED:

CMV IgG

EBV IgG

VZV antibody

Tuberculosis skin test or equivalent

Syphilis (VDRL)

HIV serology

Measles, Mumps, & Rubella

HTLV1 and HTLV2

Hepatitis C antibody

Hepatitis B Core Antibody (HBcAb)

Hepatitis B Surface Antigen (HBsAg)

Hepatitis B Surface Antibody (HBsAb)

*If patient is a non-responder, ensure that the patient has had 2 full series of vaccinations and is still non-reactive.*

Complete if clinically significant:

HBV DNA - *if HBcAb or HBsAg positive*

HepC RNA test - *if Hep C positive*

### IV. Other Tests

# KIDNEY TRANSPLANT REFERRAL FORM

## REQUIRED

Chest x-ray (PA and lat)

Abdominal/Renal ultrasound

Complete if clinically significant:

Renal biopsy, if available

## V. Additional Tests for PAEDIATRIC PATIENTS ONLY (<18 years)

### REQUIRED

Immunization record

Bone Age

Complete if clinically significant:

Audiogram – if <6 years

EEG – if <6 years or history of seizures

Growth Curves (head circumference) - if <6 years

ENT consult

## Centre Specific Requirements

Transplant Centre	Additional Requirements
London Health Sciences Centre	<input type="checkbox"/> Non-contrast AbdoPelvic CT to assess pelvic vessel calcifications for the following persons: <ul style="list-style-type: none"> <li>• All diabetics</li> <li>• Patients with peripheral vascular disease</li> <li>• Patients with previous transplants</li> <li>• PCKD</li> </ul> <input type="checkbox"/> Urine for cytology <input type="checkbox"/> Completed preoperative questionnaire  <u>Cancer Screening:</u> <input type="checkbox"/> Yearly PSA – For men > 50 years old, or black men > 40 years old, or men > 40 with more than one family member diagnosed with prostate cancer
St. Michael's Hospital	<u>Cancer Screening:</u> <input type="checkbox"/> Yearly PSA – For men > 50 years old, or black men > 40 years old, or men > 40 with more than one family member diagnosed with prostate cancer